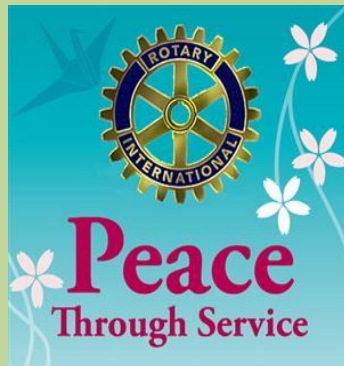


Kalpabrikshya

e-Bulletin of Rotary Club of
Kasthamandap



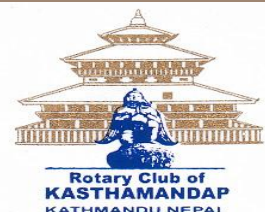
October 2012



SERVICE ABOVE SELF – Exemplary Achievement of Rc Kasthamandap



Club # 56011, District 3292, Nepal & Bhutan Year: 2012 Issue: 14 (October)



Editorial



Rtn. Yadab Pradhan

Dear readers:

The Rotary motto Service Above Self conveys the humanitarian spirit and exemplary achievement has been set by the members of the Rotary club of Kasthamandap by being instrumental player in providing a very sophisticated cancer detecting **Diagnostic Ultrasound Tomography Machine** worth USD 400,000 to the Ibaraki Children Hospital, Ibaraki Japan for the children effected by the tsunami, earthquake and nuclear plant leakage in March 2011. The machine was purchased with the contributions of the Rotary club of Kasthamandap, Rotary club of Shimodate in cooperation with Rotary International and Hitachi Medical Corporation. This month four members from our club made a goodwill visit to the hospital in Japan to mark the occasion and to express the goodwill gesture as well as to cherish the Nepal-Japan Friendship and International Understanding. Congratulations and many thanks to all those involved in this great work.

I take this opportunity to wish you and your family a very healthy and prosperous life on the occasion of Dipawali festival.

Good News

Good news in family business and profession:

Rtn. Umesh shared good news on AIT Bangkok and White House Education Network to start MBA and Engineering courses in Nepal.

PP Rajan's daughter passed BBA and son admitted to Northwestern University Engineering Design & Innovation.

Happy Landings

Happy Landings: RCK members from Japan visit Rtn Gajendra, Rtn Umesh, Rtn Sajjan, Rtn Barsha.

Happy Birthdays

Happy Birthday: Rtn. Kamlesh Oct. 12, Rtn. Prabhu Oct. 5, Rtn. Upendra Oct 01.

Marriage Anniversaries

Rtn. Windy Oct. 1

A graphic with a blue gradient background and white text. The text reads: "When 'I' is replaced by 'we' even illness becomes wellness".

When "I" is
replaced by "we"
even illness
becomes
wellness

You all deserve Congratulations!!!

Press Release in Japan and Nepal

Tokyo, 5th October 2012

Four member goodwill delegation from the Rotary club of Kasthamandap consisting Charter President Gajendra Bahadur Shrestha, Past President Umesh Shrestha, Secretary General Sajjan B.S. Thapa and Women Development Director Barsha Shrestha visited last year's 3/11 triple disaster tsunami, earthquake and nuclear plant leakage site in north eastern coast of Japan. Today, the delegates visited tsunami effected Ibaraki Children Hospital, where a very sophisticated cancer detecting Diagnostic Ultrasound Tomography Machine worth US\$ 400,000, which was procured by Rotary club of Kasthamandap and Rotary club of Shimodate in cooperation with Rotary International and Hitachi Medical Corporation. During a brief program, Charter President Gajendra Bahadur Shrestha said that this project is the reflection of deep love and respect of Nepalese people to the people of Japan and expressed that this goodwill gesture will be cherished forever as a symbol of Nepal-Japan Friendship and International Understanding.

Besides meeting with Mayor of Chikusei-city Mr. Yoshizawa and Governor of Ibaraki Prefecture Mr. Hashimoto, the delegates accompanied by the Nepalese Ambassador in Japan H.E. Dr. Madan K. Bhattarai, former Japanese Ambassador to Nepal Mr. Tatsuo Mizuno and Shimodate Rotarians also paid a courtesy call to the former Prime Minister of Japan Hon'ble Taro Aso. During the meetings, the delegates highlighted about that the people to people relation could be a golden bridge, besides bilateral cooperation, in strengthening cordial ties between Nepal and Japan.



Rotary Statistics for your record

 Rotary <ul style="list-style-type: none">• Members: 1,214,714• Clubs: 34,216• Districts: 538	 Rotaract <ul style="list-style-type: none">• Members: 204,102*• Clubs: 8,874*	 Interact <ul style="list-style-type: none">• Members: 315,836*• Clubs: 13,732	 Rotary Community Corps <ul style="list-style-type: none">• *Members: 165,807*• Corps: 7,209*
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a Think Green initiative

ADITI*

Be the change you want to see!

To all those who do not TURN OFF their PC's, AC's & Lights before leaving office.....
- Speech By Dr. A. P. J. Abdul Kalam (Former President of India & Renowned Indian Scientist)



Most of us in the IT field do one thing before leaving for the day from office, Press Ctrl+ Alt+ Del and leave happily. That means your PC is still on.

One normal PC in Sleep Mode (Hibernation) will consume 35 watts/hour. Based on this let's do a small calculation. For one week, $24 * 7 = 168$ hours. Of this if we consider that we are working for 68 hours, then the PC is in Sleep Mode for 100 hours a week.

For one month, $4 * 100 = 400$ hours. In a normal IT office, if we assume approximately 250 PCs are there, $250 * 400 = 1,00,000$ hours (Sleep Mode). So, the power wasted in an office in a month is $1,00,000 * 35 = 3500$ KWH or units. If the charge per unit is Indian Rs. 6, then totally the wastage value is approximately Indian Rs. 21,000.

Here the sad thing is not the money loss to the company but the power loss to the country. (Hope no company is bothered about this procedure of keeping the system in sleep mode.)

Apart from the loss to the country, we need to think of the efforts people are putting for producing the power in the Mines, Thermal Stations, Hydro Electric Stations, etc. If this is to continue, the cost of unit power will go up and, at one stage, we will not get power even if we are ready to pay any cost.

So, before leaving office, take some time to shut down the PC and do some favour to the country and the organisation.

If you feel that this point is to be considered, forward this to all your friends.

*** Source: From the Internet*

Club Activities

PP Rtn. Umesh proposed to make RCK 100% PHF and requested to call for meeting to brainstorm the idea how to reach the goal by contributing remaining points of RCK members and projects.

PP Umesh briefed the meeting about the RCK members Japan visit to RC Shimodate and other activities carried out in the tour.



Rtn. Shanker informed that German Rotary club willing help Euro 1,000 to a school in Nepal that could be channeled through RCK and requested to do the needful for the same.



PHF Pins has been received from RI Headquarter and it shall be distribute to the members on one of the meeting.

Dr. Asha Pun Ann of Rtn. Dr. Pun committed to donate Rs. 1000/month to NAS project for 5 years effective from November 2012.

Rotract club of RCK are planning to organizing shoot movie, district award bidding, preparation of bylaws asked for the Rs. 10,000/- administrative support being given every year. The meeting decided to provide Rs. 10,000/- admin. support, accepted by-laws and nominated Rtn. Ashok as advisor to shoot the movie program and nominated Rtn. Yadab to advisor for filing district award hosting.

From Rotary.org

Benefits of Rotary

Why join Rotary?

Maybe you've seen a need in your own community and wondered how you could help. Maybe you want to use your professional skills to help others — or even learn new skills. Maybe you're seeking connections with other service-minded professionals in your community or abroad.

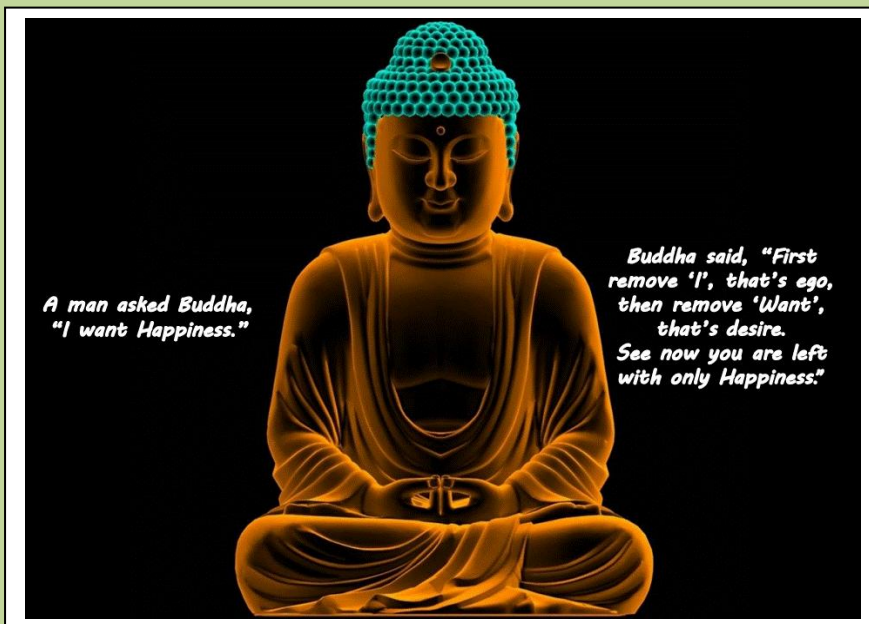
Whatever your reason, joining Rotary can help you achieve these goals, and so much more. See why these men and women are members of their local Rotary club. Visit:

<http://www.rotary.org/en/aboutus/joiningrotary/benefitsofrotary/Pages/ridefault.aspx>

President Rtn. Milan requested members to pay their membership who have not paid yet. Also requested members help collect advertisement revenue those who brought the advertisement. President read the names of the member who's dues are pending for membership and those who should help collect advertisement fees.

Memories of Rc Kasthanandap Meeting in October 2012.



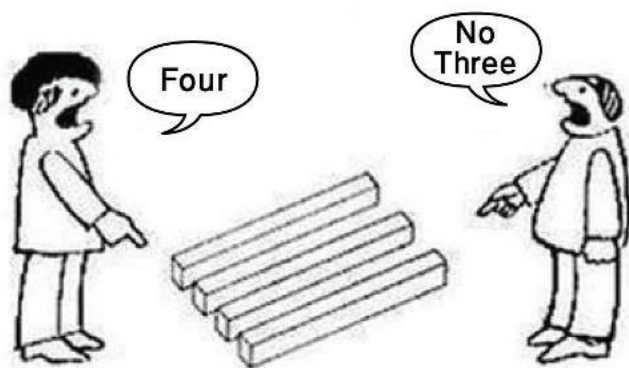


I learned
to GIVE
not because
I have much

but because
I know exactly
how it feels to
have NOTHING.

Jokes Corner

It is really confusing!!!



Intelligence

A little boy went up to his father and asked: "Dad, where did all of my intelligence come from?"



The father replied: "Well, son, you must have gotten it from your mother, Coz I still have mine."

Bulletin Editor



Rtn. Yadab Pradhan

Bulletin Advisors



Rtn. PP Rajan Raut



Rtn. Dr. Umed Pun

RI President:
District Governor:
Club President:
Club Secretary:
Editor:

Rtn. Sakuji Tanaka
Rtn. Yogendra Man Pradhan
Rtn. Er. Milan Bikram Shah
Rtn. Sajjan Bar Singh Thapa
Rtn. Yadab Pradhan

*Club # 56011, District 3292 Nepal & Bhutan
Meeting: Every Friday at 8:00 AM
Venue: Radisson Hotel Lazimpat Kathmandu*

Comments and suggestions: Yadab.Pradhan@microbanker.org OR yadabpradhan@gmail.com, Mobile (+977)-98510-72344

* Thank You *