

# Kalpabrikshya

e-Bulletin of Rotary Club of  
*Kasthamandap*



August 2013



Weekly Club Meeting of Rotary Club of Kasthamandap, August, 2013



Club # 56011, District 3292, Nepal & Bhutan Year: 2013 Issue: 24(August)



## Editorial



Rtn. Yadab Pradhan

Dear Readers,

Thank you RCK members for your ongoing support to the club in many ways which has helped the club to remain one of the best clubs in the country. Your regular attendance, active involvement in service projects as well as fellowship has helped the club to remain active and vibrant. You may have noticed that from this year Kalpabriksha-ebulletin of Rotary Club of Kasthamandap (RCK) has been joint bulletin of both Rotaract Club of Kasthamandap and RCK. This is the second publication and I am pleased to work together with the team of Rotaract members who has helped to bring this bulletin for you all. As part of handing over the bulletin activities to Rotaract gradually by giving necessary guidance and training to the members of the bulletin, I am pleased to mention that Rotaract team has already started to give good results. I would like to see that this publication becomes a learning center for Rotaract team members and many young boys and girls should benefit from the task those who join Rotaract.

## Good News

Good news in family business and profession:

- Rtn Rajju being appointed by MoFA for Istanbul Program Of action plan For LDC
- Rtn. Bhim Udas daughter promoted as South East Asia correspondence in CNN

## Happy Landings

1. PP Umesh Shrestha, Rtn. Ashok Sharma, PP Rtn. Gyanendra Lal Pradhan(Bhutan) , PP. Rtn. Pradeep Shrestha (Maldives, Colombo, India), Rtn. Ashok (Maldives, India), Rtn. Bijaya (Delhi)

## Happy Birthdays

1. PP Rtn. Rohini 29<sup>th</sup> July, Rtn. Rajkumar Gurung 27<sup>th</sup> July, Rtn. Kamal Raj Rupakheti 8<sup>th</sup> August, Rtn. Sanjiv Rijal 5<sup>th</sup> August

## Wedding Anniversaries

Rtn. Amrit Dhakal August 24<sup>th</sup>

## You all deserve Congratulations!!!



## Rotary Information:

### From Rotary.org

K.R. "Ravi" Ravindran, a member of the Rotary Club of Colombo, Western Province, Sri Lanka, has been selected by the Nominating Committee for President of RI in 2015-16. Ravindran will become the president-nominee on 1 October if there are no challenging candidates.

Rtn. K.R. "Ravi" Ravindran



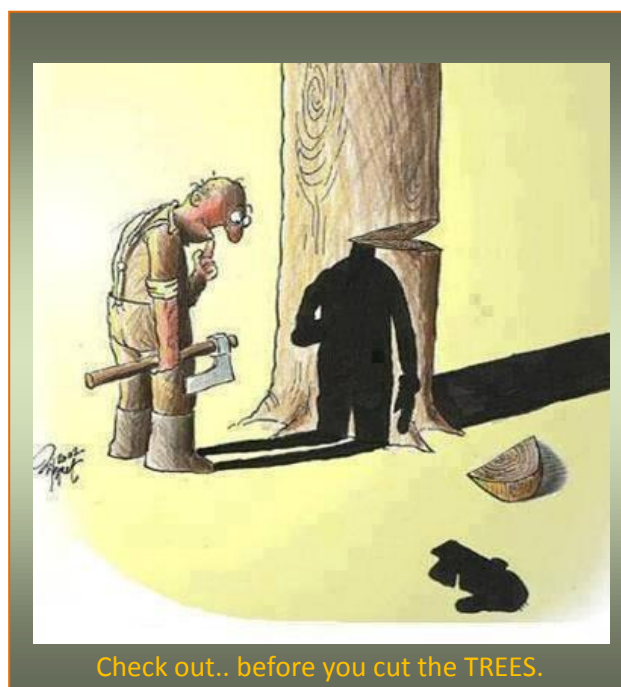
Ravindran said his top priority for Rotary will be to increase membership, which he called the bedrock of any organization. "The emphasis on membership has to continue with focus on the younger generation," Ravindran said. "Additionally, we must seek to attract the just retired and experienced people into Rotary." "Creating regional membership plans and realizing that "one size does not fit all" has been a move in the right direction, he said.

Ravindran said it's important for Rotarians to share their stories, especially through social media, so others can see the impact Rotary has had in their lives. He said it's also important for the organization to speak with a consistent voice.

Ravindran holds a degree in commerce and is founder and CEO of Printcare PLC, a publicly listed company and global leader in the tea packaging industry. He also serves on the board of several other companies and charitable trusts. He is the founding president of the Sri Lanka Anti Narcotics Association, the largest antinarcotics organization in Sri Lanka.

A Rotarian since 1974, Ravindran has served Rotary as a director and treasurer of RI and as a trustee of The Rotary Foundation. He has also served as an International Assembly group discussion leader, district governor, Council on Legislation representative, and zone institute chair. He chaired the Schools Reawakening project, sponsored by Rotary clubs and districts in Sri Lanka, which rebuilt 25 tsunami-devastated schools, benefiting 15,000 children.

DIR of R.I.D 3292, Itr. Rojina Duwal gesturing for End Polio Now-World's Biggest Commercial.  
For more pictures:  
<https://www.facebook.com/rckasthamandap>



## Club Activities

**# GM 537:** President Rtn. Upendra Poudyal briefed the meeting about the scholarship required by a relative of a journalist and asked PP Niranjana to follow up. President Rtn. Upendra asked the club members to select a topic that we really need so that we can invite district trainers to our club for COTS. President Rtn. Upendra welcomed Ret Brig Gen Nepal Bhushan Chand and asked him to say a few words and asked him to join RCK.

President Rtn. Upendra welcomed and gave the introduction of the guest speaker. The guest speaker spoke about rain water harvesting. Mr. Shakya presented different statistics about the supply and demand trend of water in Kathmandu valley. He said by harvesting rainwater one can save 160,000 Lt per year and can be self-sustain.

**# GM 538:** Decision of RC Shimodate to withdraw its contribution to Global Grant for Sramik school building project for not submitting the forms on time was discussed. The main reason for not submitting the forms was due to lack of information like drawings, BOQ, etc. In coordination with PP Rtn Rajan, President Rt. Upendra decided to request someone other than PP Rtn. Rajan to be the Principal Primary person for the project since PP Rtn. already has 5 projects and an addition of new project would disqualify.

The average attendance for the month of July was 53.43%. President Rtn. Upendra said that we need to increase the attendance to at least to 60% and Pointed out the need of bringing guest speaker to increase attendance.

Visiting Rtn. Dr. Anil Bahadur Shrestha thanked the club for the solar backup and the club on 15<sup>th</sup> anniversary of Nepal Orthopedic hospital. Rtn. Shrestha also invited club members in the ICM on Bone Diseases which was being held on 16<sup>th</sup> August.

It was decided to call the principal of Godavari school and discuss with him the raised school fees. Rt. Prabha informed that the paper recycling project was complete and requested to make a presentation on regular club meeting.



# **GM 539:** The meeting endorsed the board decision which had approved Lt. Gen.(Retd.) Nepal Bhushan Chand as RCK member. Rtn. Rajju introduced the Guest speaker Mr. Jaganath Lamichane who spoke about Mental Health. Mr. Lamichane started by saying anyone can be affected by this disability. He gave examples of Winston Churchill, Abraham Lincoln and himself when he was a child. He mentioned that this disability is very common in Nepal. The treatment for this disability is not only by medicine but a larger role of society is needed.

Mr. Kedar Nath Pokhrel, Principal of Vidya Sagar School, briefed the club about the increase in school fees. It was decided to consult the increase in fees with PP Rtn. Umesh. Rtn. Prabha handed six school bags to Mr. Kedarji for the six children that have been sponsored by six club members. IPP Rtn. Milan gave vote of thanks.

# **GM 540:** PN. Rtn. Prabhu thanked PP Rtn. Milan for creating a face book group of RCK and requested all the members to log into it. Access can be made by following the link: <https://www.facebook.com/groups/625253877505416/>

Rt. Prabha presented a report on Paper Recycle and Product Making Training project. She started by thanking PP Rtn. Niranjana since the project was initiated during his tenure. She said that 10 women had participated but only 7 completed successfully. She also presented the financial status of the Project. Rt. Prabha also informed the meeting that she was organizing a Subject Wise Teachers' Training II and requested all the club members help on sending teachers for training. PP Niranjana informed that he was sending two teachers from Dhankuta for the training and Rtn. Ghanashyam was providing them lodging and food.

PP Rtn. Niranjana informed that the Dhankuta project would be held on 22<sup>nd</sup> and 23<sup>rd</sup> of November and requested everyone to make contribution.

PP Rtn. Rajan informed that there was a safe drinking water project for school and asked for proposals.





Two matching grants MG# 76682 and MG# 78073 are almost complete hence the meeting decided to close the account maintained at NMB bank with immediate effect and submit the report to The Rotary Foundation .

Rotaract President Rtr. Amish informed that they were organizing 6<sup>th</sup> Rotaract Running Shield Nationwide Corporate Quiz 2013 during November and requested help from RCK.

The event will be held in Regional and Central level throughout the country.

Rtn. Rajju informed the meeting that she would be sending out Membership profile forms and requested everyone to update. Rtn. Sanjay informed that the inter house football scheduled for August has been postponed to December. PE Rtn. Madav requested members to volunteer for next year's board.

PP Rtn. Rajan Raut briefed about the following ongoing and Prospective RCK projects:

- a. Matching Grant project # 76682 for Braille book production of Nepali novels, drama, and story books. The project is carried out in International Partnership with Rotary club of Lake Union (Seattle USA) worth US\$12,600. RCK Kathmandap contribution is US\$ 100. The project is almost complete
- b. Matching Grant # 76692 for ICU at Nepal Orthopedic Hospital Jorepati, and is carried out in international partnership with RC Maldegam Belgium. The Nepalese lead club being RC Patan. Total cost US\$ 120,000, RCK Kathmandap provided US\$ 1,000, and the Rotary fund provided US\$97,000 and the remaining US\$ 23, 00 raised from European Union Golf tournament. The project is almost complete.
- c. Matching Grant # 78073 of solar power to the ICU at Nepal orthopedic Hospital. The project is carried out in partnership with RC Shimodate Japan with a total Cost of US\$ 20,000 and RCK contributed US\$ 2,000. The project is almost complete.
- d. Matching Grant # 79437 to provide vocational training to Spinal Injury Rehabilitation at SIRC Banepa. The project carried out with RC Villeneuve sur-lot France with a total cost of US \$12,600 where the RCK contribution is \$ 100.

Rtr. President Amish informed that they were organizing 6<sup>th</sup> Rotaract Running shield for the corporate and requested all the RCK members help.

Interact Sec Melvie Rai informed that they were having their installation on the 7<sup>th</sup> of September 2013 at 9 am and requested for some help and invited all the members to attend the installation.

It was decided to give Rs.10,000 each to the Rotaract and the Interact. President nominee Rtn. Prabhu handed the checks to the respective presidents.



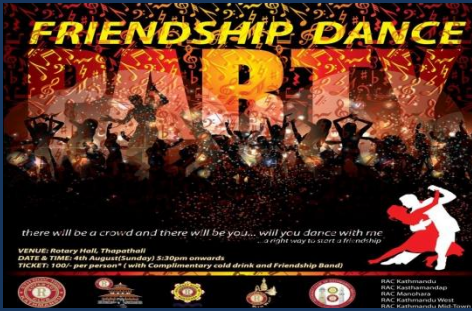
## Rotaract Club of Kasthamandap Eventful Month: July

### # GM 164 and Self-Actualization workshop:

Joint meeting was organized with RAC Patan West prior to the workshop. Self-Actualization workshop was organized on 3<sup>rd</sup> August, 2013 in NAWB in collaboration with RAC Patan West. The trainer was from DRA-Nepal, Rtn. Sanat Sapkota (RC Dhulikhel). Rtn Shanat shared different ways of identifying the purpose of life and setting life's goal accordingly. President Rtr Amish thanked Rtn Sanat for facilitating the seminar.

# GM 165: Meeting was scheduled together with Charter member felicitation program. Charter President Rtr Biswas Pradhan and other charter members Rtr Laxman Mnadal, Udit Bhatta, Palpasa Prajapati, Ashish Dahal were present. Charter president and charter members shared the history of formation of RAC Kasthamandap and was happy that the club is scaling greater heights since then. Also birthday of members Rtr Grishma Vaidhya, Rtr Xering Sherpa, Rtr Haimal, Rtr Manish was observed.





# GM 166: Joint meeting was organized with RAC Kathmandu, RAC Kathmandu Midtown, RAC Kathmandu West and RAC Manohara. 5 clubs were the host club of Friendship Day Dance Party organized in Rotary Hall on August 4, Sunday. President of each club shared their annual plans and committed to take the Rotaractivity to a greater height. RAC Kasthamandap had looked after the promotion part of the members. The event witnessed the presence of about 135 Rotaractors. President Rtr Amish presented about Rotaract Running Shield and Shoot Your Movie Film Fest.

# RAC Kasthamandap joined Lions Club, Jaycees, PABSON, Acetravels.com and various other organizations in the Bagmati Cleaning Campaign on August 24, 2013. Total ten members collected the plastics around the Bagmati River and informed the people about the need to protect Bagmati Civilization. The campaign is organized every Saturday 7:00 am to 10:00 am in Tilganga. Prominent social activist and CNN Hero Anuradha Kiorala was also present in the program.

#2<sup>nd</sup> Board Meeting and 167 GM: Review of previous month activities and project was made in 2<sup>nd</sup> Board meeting. BOD agreed to start the RRS for this year with the theme of corporate quiz. Club would do its best to ensure the grand success of the program. Activities and events for month of August were reviewed and BODs were asked to prepare for the same. Club gave farewell to Sergeant @ arms Rtr Amrit Gautam for his higher studies in Finland under full scholarship of Finnish Government. Also President Rtr Amish thanked Club members and Rte Amrit for assisting Shiksha Nepal in collection of 50,000 second hand books for the needy students of Karnali zone.



# RAC Kasthamandap annual culture of Teej Celebration was observed this year also on August 28, 2013 in NAWB-Thapathali. Members came up with home prepared foods and shared amongst themselves. To add up more fun different team building games was played. Similarly Teej dance party was organized on the occasion. The event witnessed the presence of 15 Rotaractors. President Rtr Amish gifted bangles to the ladies members. We wish all our valued ladies members of RCK Family a wonderful Teej.

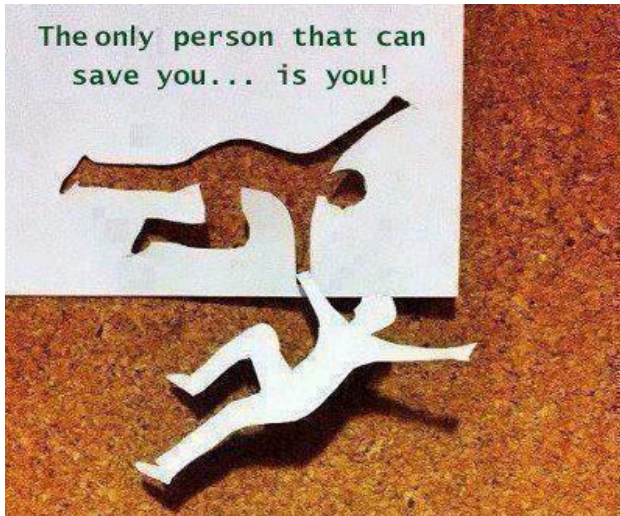
Invitation to Rotary Club of Kasthamandap Family were extended on the occasion of 7<sup>th</sup> Installation Ceremony of Interact Club of Kasthamandap by President: Itr. Tshering Yanzum Sherpa & Secretary: Itr. Mellvie Rai, to LA Auditorium Hall, Little Angles' School, Hattiban Date: 7<sup>th</sup> September, Saturday, 2013, Time: 10:00 am onwards

# Memories of RC Kasthamandan in August 2013.





Listen to your elder's advice, not because they are always right but because they have more experiences of being wrong...



Bulletin Editor

Bulletin Advisors



Rtn. Yadab Pradhan



Rtr. Amish Dhungel



Rtn. Prabha



IPP Rtn. Milan

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**District Governor:**  
**Club President:**  
**Club Secretary:**  
**Editors:**

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**Rtn. Dilendra Shrestha**  
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**Rtn. Sanjiv Rijal**  
**Rtn. Yadab Pradhan**  
**Rtr. Asmita Dhital**  
**Rtr. Amish Dhungel**  
**Rtr. Mukesh Tamang**  
**Rtr. Shritesh Bhattarai**

Club # 56011, District 3292 Nepal & Bhutan  
Meeting: Every Friday at 8:00 AM  
Venue: Radisson Hotel Lazimpat Kathmandu

Comments and suggestions: [Yadab.Pradhan@microbanker.org](mailto:Yadab.Pradhan@microbanker.org) OR [yadabpradhan@gmail.com](mailto:yadabpradhan@gmail.com), Mobile (+977)-98510-72344

\* Thank You \*