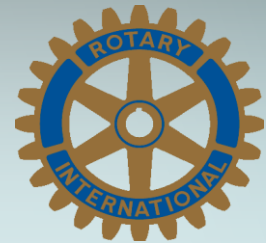


Kalpabrikshya

e-Bulletin of Rotary Club of
Kasthamandap



October 2013



RI President Ron Burton sounded the call to the audience and global viewers on line to help make history by eradicating polio.



Club # 56011, District 3292, Nepal & Bhutan Year: 2013 Issue: 26 (October)



Editorial



Rtn. Yadab Pradhan

Dear Readers,

World Polio Day was observed on 24 October 2013 worldwide. World Polio Day was established by Rotary International over a decade ago to commemorate the birth of Jonas Salk, who led the first team to develop a vaccine against poliomyelitis. Use of this inactivated poliovirus vaccine and subsequent widespread use of the oral poliovirus, developed by Albert Sabin, led to the establishment of the Global Polio Eradication Initiative (GPEI) in 1988. Since then, GPEI has reduced polio worldwide by 99%.

In 2013, there are reasons both for celebration and concern. There has been remarkable progress over the last year, bringing us closer than ever to achieving a polio-free world. Rotary Club of Nepal as well as Kasthamandap Club members should be applauded for their efforts in helping hands in this global initiative.

Good News

Good news in family business and profession:

- Happy Vijaya Dashami, Vaitika and Chhat Parva 2070 BS
- PP Rtn. Gyanendra Lal Pradhan's daughter Ms. Nikita Pradhan informed that she had just returned from Malaysia after graduating and wanted to join a Rotaract club.

Happy Landings

- Rtn. Om Rajbhandari

Happy Birthdays

- President Rtn. Upendra Poudyal Oct 4th, PN Rtn. Prabhu Oct 5th · Rtn. Kamlesh Oct 12th , Rtn. Barsha Oct 15th, Rtn. Sushma Oct 15th, Rtn. Santosh Oct 23rd

Wedding Anniversaries

Rtn. Martin Lama Sep 22nd

You all deserve Congratulations!!!



Rotary Information:

Invitation by PDG Ratna Man Sakya for "World Polio Day", one day orientation program on Sunday 6th October 2013 at Rotary Hall, at 4pm.

Thursday 24 October 2013 is "*World Polio Day*". On the occasion of Polio Day, Nepal National PolioPlus Committee & Rotary RI District 3292 organizes rally on Kathmandu 24th* October 2013 at 7.30 Am started on Basantapur to Rotary Hall Thapathali. All Rotarians are requested to participate in the Rally.

From Rotary.org

Rotary helped put polio eradication on center stage on the day best known for rallying support to finish the job – World Polio Day, 24 October.

A special [Livestream](#) presentation – World Polio Day: Making History – showcased the progress of the Global Polio Eradication Initiative. Co-hosted by Rotary and the Northwestern University Center for Global Health, the 60-minute program took place before a live audience at the John Hughes Auditorium on Northwestern's Chicago campus and streamed online to viewers worldwide.

RI President Ron Burton kicked off the event by noting that Rotary began immunizing millions of children against polio in the 1970s, first in the Philippines and then in other high-risk countries.

"Polio rates in those countries plummeted," Burton said. "As a result, in 1988, Rotary, the World Health Organization [WHO], UNICEF, and the US Centers for Disease Control and Prevention came together to launch the [Global Polio Eradication Initiative](#). More recently, the initiative has benefited from the tremendous support of the Bill & Melinda Gates Foundation It is so very important to finish the job."

[Dr. Robert Murphy](#), director of Northwestern's Center for Global Health, emphasized that polio eradication "is completely doable. . . . [It] will result in preventing billions of cases of paralysis and death, saving billions of dollars, assuring that no parent in the world will have to worry about this terrible disease ever again."

[Dennis Ogbe](#), polio survivor, Paralympian, and ambassador for the United Nations Foundation's Shot@Life campaign to promote child immunization, spoke compellingly about the challenges of living with the disease and the opportunity to protect people from it for all generations to come.

"I have learned not to look at anything as impossible, and that includes, especially, the eradication of polio," said Ogbe, who was born in Nigeria. "We have come a long way since the start. So let us finish strong and End Polio Now."



IPP Rtr. Amish Dhungel gesturing for End Polio Now-World's Biggest Commercial. For more pictures: <https://www.facebook.com/rckasthamandap>

[Dr. Bruce Aylward](#), assistant director-general for Polio, Emergencies, and Country Collaboration at WHO, emphasized that the global fight is winnable, noting that the number of cases in the endemic countries –Afghanistan, Nigeria, and Pakistan – is down 40 percent in 2013, compared to the same period in 2012. He also said that the type 2 wild poliovirus has been eradicated, and said November will mark one year without a case of type 3 virus anywhere in the world.

Aylward also pinpointed challenges to the global initiative, including the outbreak in the Horn of Africa with 200 cases. Because of the strong response to the outbreak, however, the region “is again rapidly becoming polio free,” he said. Moreover, the [polio endgame strategic plan](#), if fully funded, is equipped to stop such outbreaks.

“Today, all children everywhere can have a better future, not just against polio, but against every disease . . . if we as a global society get behind the vision of Rotary 25 years ago to reach every child with something as simple as polio vaccine.”

The World Polio Day event also featured a short [video](#) showing the tireless efforts by health workers and Rotarians to immunize children in Pakistan. “We are very optimistic that the challenges will not be able to deter us and soon Pakistan will become polio free,” said Pakistan PolioPlus Committee chair Aziz Memon in narrating the video.

Event moderator and Canadian Rotary member Jennifer Jones encouraged people to donate to the *End Polio Now: Make History Today* fundraising campaign, which makes contributions work three times as hard with matching funds from the Bill & Melinda Gates Foundation. She also invited everyone to join the more than 50,000 people in 150 countries who have expressed their support for a polio-free world by becoming part of the [World’s Biggest Commercial](#).

Emmy Award-winning actress [Archie Panjabi](#) spoke passionately about why she is so committed to her work as a Rotary ambassador for polio eradication.

“When I was a child 10 years old, I went to India. As I walked to school, I would see children younger than me with no [use of their] limbs, begging for money,” Panjabi said. “It broke my heart.”

Inspired as an adult to learn more about polio, she was “amazed by the amount of work that Rotary has done,” in helping India be free of the disease since 2011, and joined a team of Rotary volunteers to immunize children there last year.

“I will do whatever I can to support Rotary and its partners in the Global Polio Eradication Initiative . . . And if you do whatever you can, then together we can eradicate polio forever.”

Jones challenged the audience and online viewers everywhere to share their voice for polio eradication with friends and followers on social networks and encourage them to do the same. “And write or email your government officials to urge them to commit the resources we need to finish the job,” she said.

“We need you – and we want you to help us make history!”

By Dan Nixon
Rotary News
25-OCT-2013

Club Activities

GM 546:

- President Rtn. Poudyal welcomed NRN President Mr. Shesh Ghale, VP Rtn. Bhuwan Bhatta and all other guests. He reminded everyone how the NRN were aiding the country by sending remittance. Rtn. Bhim introduced Mr. Shesh Ghale and Bhuwan Bhatta and gave their brief introduction and highlighted their success story.
- NRN President Mr. Shesh Ghale thanked everyone for inviting him to the club and said that he always wanted to be a Rotarian. He said that he would work to protect and help the growth of NRN communities. He mentioned the biggest challenge for the NRN is to protect the heritage and culture of Nepal to the youth residing abroad.
- VP Rtn. Bhuwan Bhatta said he wanted to work closely with the Rotary on projects in Nepal. He informed that NRN was finally registered by the Government. He said that NRN wanted ideas that they would be involved in and concluded by saying that he came to power to give but not to get.
- PE Rtn. Prabhu suggested having a planning commission in each ministry for the NRN to show the country their policy making. Rtn. Rajju suggested pooling the resources. PP. Rtn. Umesh suggested NRN act as a bridge between Nepali students and good Universities. He suggested NRN's to invest on health, education and social sectors.
- Mrs. Jamuna Ghale suggested Rotary have a desk to help students going abroad for studies.
- It was decided that NRN President Mr. Shesh Ghale be accorded honorary member of Rotary club of Kasthamandap and President Rtn. Poudyal welcomed Mr. Ghale as honorary member of RCK and pinned him
- PP. Rtn. Pradeep Shrestha gave vote of thanks on behalf of RCK. He suggested NRN leaving the country should come back and give something back to the country.



GM 547:

- President Rtn. Poudyal reminded the members about the October Plan & Action and asked the respective club chairs to implement the plan.
- Secretary informed the meeting that much awaited Tiger Braille Embosser project worth \$20000 is final in TRIFC's.
- Rtn. Om Rajbhandari informed the meeting that Brihat Investment and RCK were organizing a blood donation in Brihat Investment, Sitapaila on Ashwin 22nd and requested all the members to join.
- PP Rtn. Umesh informed the meeting that he was having an interaction with the Ministry of education in Little angel's school on Thursday 10th October on Literacy. He invited all the club members for the dinner that he was hosting following the interaction.
- PP Rtn. Pradeep talked about educating girls to eliminate illiteracy. It was decided to have a board meeting after the festival. Rtn. Pushpa Pani Gautam requested to have the board meeting in his residence.
- President Poudyal informed that a Picnic Committee was formed under Club Administration Chair Rtn. Binod Singh, and members Rtn. Prabha and Rtn. Sushma to plan for RCK picnic after Tihar



A Little boy & his mother
were crossing a River...

MOTHER : " Please hold my ...hand.."

BOY : "No Mom, You hold my hand."

MOTHER : "Whats the difference?"

BOY : "If I hold your hand & something happens to me...Chances are that I may let your hand go but if you hold my hand.. I know for sure, you will never let my hand go.. "

Rotaract Club of Kasthamandap Eventful Month: October

Polio Seminar and End Polio Rally

Polio seminar was organized in Rotary hall Thapathali on 6th Oct 2013, 4:00PM onwards. The meeting was based on planning for the Polio day on October 24, 2013. President Rtr. Amish Dhungel and Past President Rtr. Ashish Chaulagain attended the event. It was decided that a nationwide rally would be organized on the very day throughout the major cities of the country.

Joint Meeting with RAC Kathmandu Midtown and Dashain Tea-party

Joint Meeting and Dashain Tea Program with RAC Mid Town on 7th Oct 2013, 4:00 PM onwards was organized in NAWB, Thapathali. President Rtr. Amish shared about the relation between RAC Kasthamandap and RAC Kathmandu Midtown. Both the club presidents wished the club members and representatives a Happy and Blissful Dashain. Past President /DRR Rtr. Ashish wished everyone for a Safe and Happy Dashain. The event was organized as a fellowship event with invitation to all the Rotaract club located in the Kathmandu Valley.

Dashain Fellowship with RAC Baneshor and RAC Jawalakhel

Dashain fellowship "Changa Chet Program" with RAC Jawlakhel and RAC Baneshor. The event was organized last year also. In Discussion with RAC Jawlakhel Secretary Rtr Sajan, date proposed is 12th Oct 2:00 PM to 3:00 PM. Rotaractors from all the three clubs attended the event and had fellowship in between them. Also the members wished everyone a happy and blissful Dashain and Tiahr.



RYLA Biratnagar: Youth for Peace and Development

RYLA Biratnagar was held between October 23-27 in DPS School, Biratnagar. The event was organized by Rotary clubs of Zone 12 and 13. The event is basically a leadership camp for Rotaractors and Non-Rotaractors. Representing Rotaract Kasthamandap, Rtr. Sagar Luitel and Rtr. Amish Dhungel attended the event. There were different seminars based on leadership, teamwork, self-confidence and so on. Basically this RYLA was focused for Non-Rotaractors of the Eastern region and Rotaractors were in few numbers. Participants from the club brought home awards for Best Team and Best Drama competition. RAC Kasthamandap would like to thank Parent Rotary for sponsoring of a candidate. A report of the participation has been submitted to the Rotary.

End Polio Rally

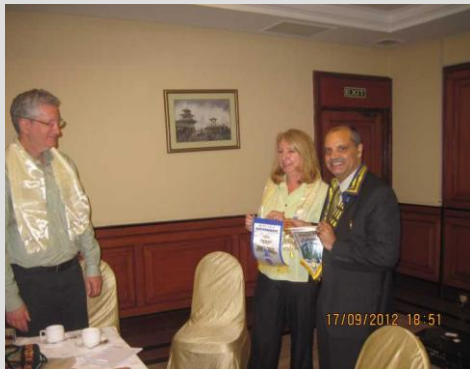
On October 24, 2013 a nationwide rally was organized on the major cities of the country. President Rtr. Amish along with Secretary Rtr. Bikram, Rtr. Sagar, Rtr. Prakriti attended the rally in Biratnagar. The rally was also attended by DG Rtn. Dilendra Raj Shrestha and various other prominent Rotarians of Zone 12 and 13. Similarly, Rtr. Anand Maharjan and Rtr. Aaditya Shrestha attended the rally from Kathmandu. The rally was organized as an awareness to end the Polio.

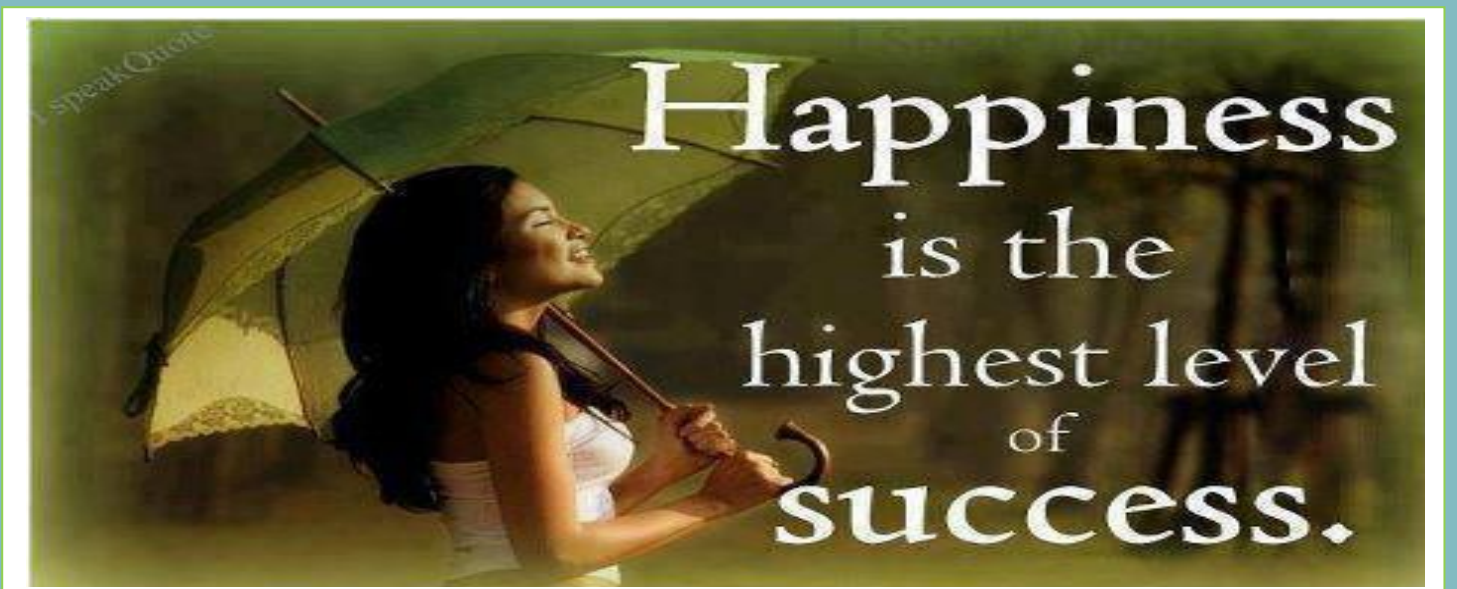
Joint Meeting with RAC Biratnagar (Twin Club RY 2013/14)

Rotaract Kasthamandap organized a Joint meeting with its Twin Club for RY 2013/14 RAC Biratnagar in Rotary Hall, Biratnagar on October 29, 2013. Club members discussed about the joint projects to be executed in RY 2013/14. President Rtr. Amish opined to continue the projects done in the previous years. Club presidents exchanged club merchandise with each other.



Memories of RC Kasthamandap in October 2013.





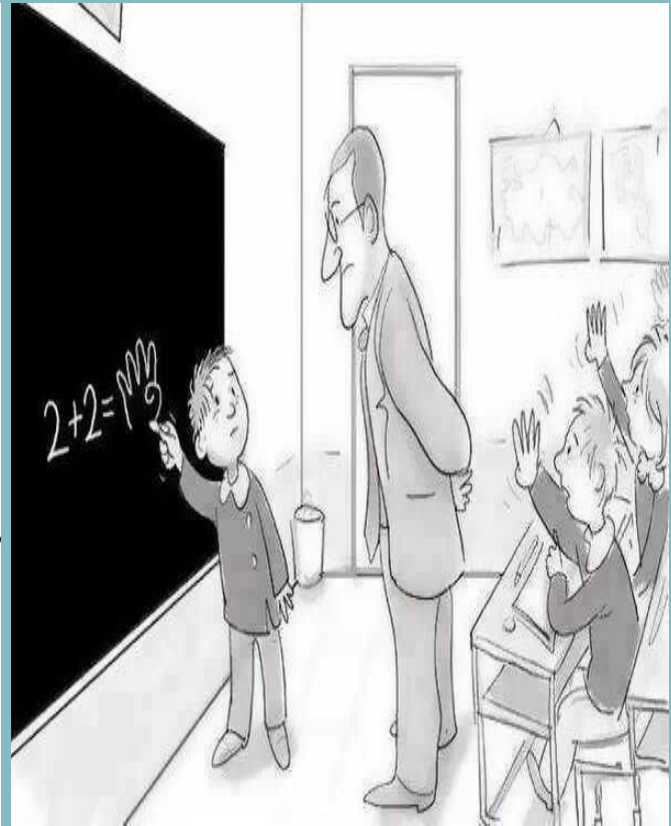
Jokes Corner...

HAPPINESS IS

...when you forget to
do your homework....



...and the teacher is absent.



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Club # 56011, District 3292 Nepal & Bhutan
Meeting: Every Friday at 8:00 AM
Venue: Radisson Hotel Lazimpat Kathmandu

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* Thank You *